

Your due date isn't the only date you should look forward to...



There's a lot to look forward to when you're pregnant. Amidst all the excitement, don't forget to look forward to your daily oral health routine and your regular dental check-ups.

It's common for pregnant women to develop "pregnancy gingivitis," a periodontal disease resulting in inflammation of the gums and surrounding tissues. A number of studies have indicated an association between periodontal disease in mothers and deliveries of pre-term, low-birthweight infants.

For more information on this and other oral health topics, visit oralhealth.deltadental.com.